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**CMD theological reflection sheet**

This form is an optional tool to enable ministers to theologically reflect on their experience of ministry. It is taken from Appendix 1 of the CMD handbook.

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**CMD theological reflection sheet**

Taken from CMD Handbook, Appendix 1

Use the questions below to help you think through and record what you have learnt from an experience in ministry. The questions are intended to be prompts – not all will be appropriate in all circumstances, or you might want to adjust some of them.

**What in a single sentence was the experience?**

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**What were the key features?**

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**What did I feel before, during and afterwards?**

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**What biblical passage(s) might offer me insight?**

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**Does any prior learning from theology, culture, or past experience relates to this?**

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**Where is God in this situation?**

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**What do I learn about myself, or God, or my ministry?**

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**What action should I take, or what would I do differently next time?**

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